

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jan Nkoana

Has successfully participated & completed the

21km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 03:02:33

PACE 08:40/km

OVERALL 413 of 530

16 February 2019, Sat

Date

GENDER 272 of

324

60+ 13 of 15



Signature